



South Africa

Culture, Wildlife and Beyond!

September 10 - September 22, 2026

Women Travel Tribe

Small Group Adventures for Women 50+

womentraveltribe.com/tours/south-africa-sep-2026

Tour Overview

Duration:	13 days
Group Size:	8-12 people
Start Date:	September 10, 2026
End Date:	September 22, 2026
Arrival Airport:	Cape Town International Airport (CPT)
Departure Airport:	King Shaka International Airport (DUR)

Get ready for a brilliant small group tour for women over 50 that takes you through the heart and soul of **South Africa!** From **Cape Town's lively streets** to the sweeping **savannas of a safari**, every moment is designed to connect you with the **land, its people, and its wildlife.**

Taste the **flavors of South Africa** in **hands-on cooking experiences**, **sip wine in the picturesque Winelands**, and wander through **Cape Town's historic neighborhoods.** Feel the ocean breeze at the **Cape of Good Hope**, marvel at **penguins on the beach**, and soak in stunning views from **Table Mountain.**

Then, we head East to search for the **Big Five** on **thrilling game drives**, cruise along **hippo-filled waters**, and experience the **traditions of the Zulu people.** Along the way, you'll meet locals who bring the magic of South Africa to life, from artisans to wildlife conservationists.

This tour is a true journey of discovery, adventure, and meaningful connections that will stay with you long after you return home!

Tour Operator Information

This South Africa tour is operated by Wandering Earl Tours, a trusted partner of Women Travel Tribe since 2019.

Daily Itinerary

Day 1: Cape Town (Arrival Day)

Included meals: Dinner

Upon arriving in Cape Town you'll be picked up at the airport by private driver and transferred to our hotel near the V&A; Waterfront. This harbor area is known for its many restaurants and cultural attractions, and is a good place to relax, recover from your journey, and meet your fellow travelers. For those who arrive early, our tour leader will be on-site to offer recommendations and help everyone make the most of their time. In the evening, we'll gather for a tour orientation followed by a great welcome dinner at a nearby local restaurant.

Day 2: Cape Town

Included meals: Breakfast, Lunch, Dinner

Today will begin with a city orientation tour of Cape Town's highlights, including stops at the Parliament building and Street Six, a historic area that once served as the center of the city's multicultural community, where we'll learn about its challenging history. Afterwards we'll continue to Bo-Kaap, a lively neighborhood famous for its brightly colored houses, where we'll join a walking tour of the area followed by a hands-on cooking class with a local family. During the class we'll learn how to prepare traditional South African dishes such as Bobotie, a spiced minced meat dish with a creamy custard topping, and Chakalaka, a flavorful vegetable relish. In the afternoon we'll take the cable car to the top of Table Mountain, a flat-topped mountain that offers breathtaking views over Cape Town. You'll then have some free time in the evening in order to further explore the area near the hotel before gathering for dinner.

Day 3: Cape Town / Cape of Good Hope / Cape Town

Included meals: Breakfast, Lunch

After breakfast we'll embark on a full-day private tour of the Cape of Good Hope, a nature reserve known for its dramatic sea cliffs and abundant wildlife, including baboons, ostriches, and various marine birds. Our journey begins at Boulders Beach, where we'll have the chance to see African penguins in their natural habitat as they roam the sandy shores. Next we'll take a guided walk to the historic Cape Point Lighthouse, located at the tip of the peninsula where the Atlantic Ocean meets the Indian Ocean, offering a unique view of the convergence of the two great seas. For lunch we'll enjoy fresh seafood at a restaurant along the picturesque False Bay coastline before returning to Cape Town in the late afternoon.

Day 4: Cape Town

Included meals: Breakfast, Lunch, Dinner

We'll begin the day with a visit to an NGO dedicated to empowering underprivileged children through education and art programs. Here we'll learn about the cooperative efforts that support the community and even create our own bookmarks with local craftspeople. Next we'll head to a bustling market for lunch, where we'll sample a variety of dishes and see how artisans craft their products from recycled materials. After lunch we'll travel to Langa, one of Cape Town's oldest townships, where we'll have a guided walk to learn about the area's past. During the tour we'll visit a local craft centers where residents continue to practice their time-honored arts. Later we'll return to the hotel for some free time before concluding the day with a sunset walk along the Seapoint Promenade, a scenic oceanfront walkway. This will be followed by a unique dinner featuring live music and performances.

Day 5: Cape Town / Franschoek / Stellenbosch

Included meals: Breakfast, Lunch, Dinner

After a 1.5-hour morning drive to Franschoek, a town celebrated for its world-class vineyards and Cape Dutch architecture, we'll head to a winery for a wine tasting and a lesson on how the local wines are made. After sampling some of the region's varietals, we'll take a leisurely walk along the town's main road and enjoy lunch. Next we'll continue on to Stellenbosch, a historic town in the heart of the Cape Winelands, where we'll join a private wine-making class that gives you the chance to create your own unique blend and take home a bottle of your personalized wine. Afterwards we'll check into our hotel, where you'll have free time to relax, whether by sipping a glass of wine at the pool, treating yourself to a soothing spa massage, or simply walking around the beautiful gardens, before gathering for dinner at one of the hotel's restaurants.

Day 6: Stellenbosch / Pringle Bay / Hermanus

Included meals: Breakfast, Lunch

After a leisurely breakfast we'll depart on a 1.5-hour drive to Pringle Bay, a small seaside village, via the scenic Clarens Drive, a route known for its mesmerizing coastal views. Upon arrival we'll visit a local craft workshop, where a skilled artisan will guide us through a traditional bead-making session and explain the cultural significance behind these pieces. After lunch at a nearby restaurant we'll continue on a 1-hour drive to Hermanus, a town famous for its whale watching and laid-back charm. We'll check into our hotel and have some free time to freshen up. In the evening we'll have an optional sunset orientation tour along the coast, where we'll stroll along the waterfront and enjoy the soft colors of dusk.

Day 7: Hermanus

Included meals: Breakfast, Lunch, Dinner

Today we'll head to a nearby pottery studio for a hands-on workshop, where a local artisan will introduce us to time-honored techniques passed down through generations. We'll learn every

step of the process, from shaping the clay by hand to carefully curing our own piece in the kiln. After the class, we'll enjoy lunch at a restaurant renowned for its fresh seafood before having some free time to explore Hermanus. You might choose to visit art galleries to see the work of regional artists, stop for a wine tasting, or simply wander the historic streets and stroll along the waterfront at your own pace. As the day draws to a close, we'll head to a nearby viewpoint at sunset, where we'll hopefully get the chance to watch majestic whales in their natural habitat. After the whale viewing experience, we'll return to Hermanus for dinner.

Day 8: Hermanus / Durban / St. Lucia

Included meals: Breakfast, Dinner

After breakfast we'll set off on our journey to the other side of the country. Our day will begin with a 1.5-hour drive back to Cape Town, followed by a 2-hour flight to the King Shaka International Airport in the city of Durban. Once we land, we'll drive for 2.5 hours to reach the peaceful and remote town of St. Lucia, where we'll check into our lodge and settle in. In the evening we'll have dinner at one of the town's top restaurants, and if luck is on our side, we'll observe the hippos that walk from the marshes right into town around sunset!

Day 9: St. Lucia / iSimangaliso Wetland Park / St. Lucia

Included meals: Breakfast, Lunch, Dinner

Today will begin with our first game drive in iSimangaliso Wetland Park, a UNESCO World Heritage site known for its diverse habitats. Here we'll have the opportunity to see wildlife such as African elephants, buffalos, and zebras roaming across a mix of landscapes, from clear lakes to open grasslands. Bird enthusiasts will be able to observe some of the 500 species in their natural surroundings. After exploring the park we'll have a quick lunch before setting off on a two-hour cruise along Lake St. Lucia Estuary, Africa's largest estuarine system. This network of marshes and lagoons is home to crocodiles that are often resting on the banks and hundreds of hippos moving through the water. This unique experience will bring you up close and personal with the wildlife of the area. The evening will offer some time to relax before we head out for dinner.

Day 10: St. Lucia / Sungulwane Game Reserve

Included meals: Breakfast, Lunch, Dinner

After breakfast we'll pack up our vehicle and head to a nearby cultural village where we'll discover the deep-rooted customs of the Zulu people, South Africa's largest ethnic group. We'll listen to local stories and folklore, learn about traditional crafts, and even experience fortune-telling and healing practices that offer a real glimpse into Zulu life. Next we'll continue on a 2-hour drive to Bayala, located in the heart of the Sungulwane Game Reserve. We'll check into our lodge, located in the middle of this incredibly diverse Reserve. From there, we'll set out on an afternoon safari adventure with a naturalist guide in search of Africa's Big Five. Our goal is to

spot lions, leopards, rhinoceros, elephant, and Cape buffalo, among many other animals, as we explore the varied landscapes. After the safari we'll return to our lodge for a cozy evening complete with dinner and stargazing under the clear African sky.

Day 11: Sungulwane Game Reserve

Included meals: Breakfast, Lunch, Dinner

We'll depart from our lodge in the early morning for our next safari experience, going deeper into the Reserve. Our focus will be searching for the elusive pangolin, a rare, mammal recognized by its overlapping protective scales. Although they are typically active at night, these fascinating creatures can sometimes be spotted in the early morning. We'll also enjoy a packed breakfast with excellent views as we continue our search for Africa's Big Five and all other animals that live in this Reserve. After our drive, we'll return to the lodge for some well-deserved rest, lunch, and some optional afternoon activities. Later, for those interested, there will be one final safari drive before we gather for dinner.

Day 12: Sungulwane Game Reserve / Durban

Included meals: Breakfast, Dinner

After a trip full of memorable adventures, we'll set out after breakfast for a 4-hour drive back to Durban. Along the way we'll stop at a rhino orphanage, where we'll learn about the dedicated efforts to rescue and rehabilitate young rhinos and get a chance to see these remarkable animals up close. Upon arriving in Durban, we'll check into our hotel and have some free time to unwind. We'll then gather for one last meal together as we celebrate this unforgettable trip!

Day 13: Durban (Departure Day)

Included meals: Breakfast

You'll be picked up at the hotel by a private driver who will take you to the airport in time for your departing flight.

Tour Inclusions

Included

- ✓ Small group (maximum 12 women)
- ✓ Professional tour leader
- ✓ Accommodation (12 nights – 3*/4* hotels and safari lodges)
- ✓ Breakfast every day, 9 lunches and 10 dinners
- ✓ Transportation within South Africa (4x4 jeep for safaris, private vans and an internal flight)
- ✓ Local English-speaking guides throughout the trip
- ✓ All activities, entrance fees and experiences mentioned in the itinerary
- ✓ Airport transfers

Not Included

- ✗ Flights to/from South Africa (arrive Cape Town / depart Durban)
- ✗ Passport/visa fees
- ✗ Meals and activities not mentioned
- ✗ Travel insurance (mandatory)
- ✗ Gratuities

Pricing

Shared Room:	\$6,495
Single Room:	\$7,195
Deposit Required:	\$500

Accommodations

On this tour we'll stay in comfortable and convenient 3 *and* 4 hotels and lodges. All rooms have a private bathroom. There are a maximum of 8 single rooms available. These rooms will be offered on a first come-first served basis. The remainder of the rooms will be shared. Solo travelers will be paired together, two travelers per room in two single beds.

Physical Demand

MODERATE

While the tour itself is not very strenuous, please note that it can involve the following: long travel days, walking tours in the towns of up to 2 hours at a time, being outside in potentially diverse temperatures, climbing in and out of safari vehicles, extended periods of time sitting in safari vehicles going over uneven roads, early morning wake-ups and other similar scenarios.

Ready to Book Your Adventure?

Women Travel Tribe

Email: team@womentraveltribe.com

Website: womentraveltribe.com

Tour Details: womentraveltribe.com/tours/south-africa-sep-2026

*Small group adventures designed specifically for women 50+
Experience the world with like-minded travelers!*